



**TransformedLiving™**  
TRUTH IS POWERFUL • CHANGE IS POSSIBLE

---

## **Introduction to the *Transformed Living Experience...***

Hi, I'm Lea Carawan, one of several women who gathered nearly 2 decades ago and embarked on a transformational experience that changed our lives, marriages, and families... and ultimately impacted our whole church.

Our humble beginnings with 12 women around my kitchen table committed to finding biblical answers for our challenges has blossomed into an expansive Discipleship Experience.

Over the years, God has breathed on it, delivering fresh insights, depth, and new ways of making this experience more accessible for Christian women and men.

Now it's being used in a variety of settings including bible studies, home groups and marriage ministries.

### ***What is a Transformed Living Experience?***

The *Transformed Living Experience* is essentially a biblically-based, process-oriented, group experience.

Our carefully sculpted sessions invite you to reflect, share, and grow in a deeply personal way. Through the video teachings, processing groups and 'Living It Out' materials, you delve into your biblical worldview that impacts every aspect of your life, revealing the harmony or disharmony with God's original design.

### ***How is it different than a Bible Study?***

This experience goes beyond biblical information to Christ-like formation through applying God's truth throughout your daily interactions. Guided through your journey of faith, desired changes occur as transformation blooms within your heart and reaches into every facet of your life.

Though this can be implemented in a traditional Bible Study or community group setting, participants quickly recognize that this is something entirely different.

For your convenience, a detailed explanation is provided on the ***'What Makes the Transformed Living Experience a Discipleship Experience?'*** handout at [Transformedliving.org](http://Transformedliving.org).

### ***Who's it for?***

This is for women or men, married or single, whatever age or stage.

It's for you who long for the abundant life Jesus promised, as you unapologetically live your faith. If you desire to be light in a darkening world, want to be equipped to make disciples, the *Transformed Living Experience* is for you.

But I must warn you, *Transformed Living* is not for everyone! It's not for the faint of heart, unwilling to open their lives to the Lordship of Christ!

This experience fosters intimacy with God, solidifies your identity in Christ and equips you to be the person God designed you to be. It provides a holistic discipleship opportunity that shapes your spirit, your mind, and your behavior.

Testimonies from participants include "I learned life-changing principles and life skills, critical for my marriage, relationships, and business!" ; "I experienced a renewal in my relationship with Jesus!" and "this was a total re-alignment of my thoughts and actions with God's true design for my life and my family."

The adjectives they use to describe the *Transformed Living Experience* are... life-giving, freeing, encouraging, powerful, enlightening, and relevant for everyone.

Rolfe's and my unique journey and unusual transparency sprinkled throughout the video-based teachings creates an environment for honest discussion and discovery.

The Step-by-Step Facilitators Guide and robust Small Group Leaders Material, which include everything you need to promote and implement this Experience, make it very user-friendly. In addition, you will also have access to one-on-one consultation and ongoing support with a trained Advisor.

### **How do I begin?**

It's simple to begin...The 6-week FOUNDATIONS Experience is the starting point and lays the groundwork for the Additional Sessions which you can add individually. Or you can choose one of the 4 pre-bundled 12-week Experiences which we have specifically put together for Men, Women, Community Groups or Couples. If you are looking for the whole 34-week discipleship experience you get that in the Full Suite version

We've provided the "***Transformed Living Experience Overview and Infographic***" handout on our home page at [TransformedLiving.org](http://TransformedLiving.org) to help you determine the Experience that best fits your group.

Or if you want to view a **20-minute teaching** on one of the foundational elements from the *Transformed Living Experience*, check out the PIC Approach video on our homepage.

Our desire for you and everyone who participates in a *Transformed Living Experience* is that they are inspired to love God with all their heart, soul, strength, and mind and love others as themselves.

If you have further questions, need clarity, or would like to speak with us directly, feel free to contact us at [info@transformedliving.org](mailto:info@transformedliving.org).

However, if you're ready to dive in, you can simply go to our website, [TransformedLiving.org](http://TransformedLiving.org), click on the store, and find the *Transformed Living Experience* that's right for you.